

DIGITAL HANDBOOK



#StandWithPEGS
#CPAAwarenessDay
#SupportingParents

WELCOME!

Welcome to Breaking the Silence 2025!

We are delighted to welcome you to our first in-person and online conference dedicated to Child-to-Parent Abuse (CPA).

This is a space where professionals, practitioners and experts by experience come together to learn, share and take action. Every voice matters here, whether you're attending in person or joining us online.

Over the course of this day, you will hear from leading voices, explore practical approaches, and gain access to resources and workshops designed to support your practice.

Are you ready?

Let's break the silence together.



ONLINE PLATFORM

Online Platform: Your Digital Conference Hub

Whether you're joining us live online or catching up afterwards, our online platform is your space to connect, learn and explore... all in one place.

What is it?

Our online platform is a dedicated delegate hub, designed to give you access to everything from the Breaking the Silence conference and beyond (even all our past events!).

You'll find session recordings, resources, speaker information and exclusive materials to help you continue learning long after the event ends.

Access the platform **[here](#)**

Once you purchase your conference ticket, you'll receive your login details for our online platform.

we'll send you an email with everything you need to get started including your access link, instructions and support information.

If you experience any issues logging in or navigating the platform, please don't hesitate to get in touch with us at:

admin@pegssupport.com

We're always happy to help.

MORNING AGENDA

Open from
09:00 am

Registration - Morning Coffee and Networking.
Sponsored by:



9:30 AM – Welcome!
Joe Lockley

Founder of Brightstar and
Co-Host



9:40 AM – Keynote: Why is CPA a
Safeguarding Concern?

Michelle John
Founder of PEGS

10:00 AM – Who's There
for Me, Who's There for
Them?

**Billy Cragg-Hughes &
Olivia Forber**



10:20 AM – Founder and
CEO of kulpa

Simon Franc

10:30 AM – See the
World of the Child,
Their Journey, and
the World of Those
Who Hold Them

Fiona Wells



10:55 AM –
Summary for the
rest of the day

Joe Lockley

11:00 AM –

Morning Tea Break and
Networking.
Sponsored by:



During the next session, you are either
still with the main stage or part of our
exclusive workshops (if part of your
ticket)

If you opt for a workshop, you'll still be
able to catch up on the main stage
content on-demand after the event.

11:15 am	Main Stage Welcome	Workshop 1 **Exclusive only 10 spaces find out more**	Workshop 2 **Exclusive only 10 spaces find out more**
11:20 am	Sarah Taylor Independent Post Separation Abuse Consultant	Rebecca Zerk and Elize Freeman Dewis Choice	Warren Betts Domestic Abuse Perpetrator Case Officer & Creator of the CHOICES Behaviour Change Programme for People Who Harm
11:40 am	Gemma Roberts CEO, Preston Domestic Violence Service	Facilitating Choice when exploring Safety and Justice Options with Older Victim- Survivors of Adult Family Abuse	Facilitating Choice when exploring Safety and Justice Options with Older Victim- Survivors of Adult Family Abuse
12:00 pm	Comfort break – let's take five...		

12:05 PM–Safeguarding
children and carers after
children go into care
following children harming
their parents.

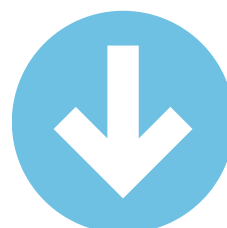
Andy Newman



12:30 PM –
Question and Answer Panel

**Andy Newman
Michelle John
Sarah Taylor**

12:45 pm	Lunch and Networking. A light lunch will be provided.
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AFTERNOON AGENDA

13:30 pm	Main Stage Rebecca Zerk & Elize Freeman Dewis Choice Redefining Vulnerability: Examining Perpetrator Influence in Adult Family Abuse of Older Adults	Workshop 3 **Exclusive only 10 spaces find out more** Jordan Alexander Safeguarding Expert and Founder of Prism Training Spiritual and Ritual Abuse	Workshop 4 **Exclusive only 10 spaces find out more** Chloe Egan Specialist Trainer, PEGS PRAM: Pegs Risk Awareness Model
13:50 pm	Michelle John Founder, PEGS PEGS the Stats - An interactive session		
14:05 pm	Haniya Chaudhary Network Development Manager, IRISi Interventions Introducing IRISi Interventions		

14:15 pm

Comfort break – let's take five...

14:20 PM – An address from the Domestic Abuse Commissioner

Nicole Jacobs



14:30 PM – Hidden in plain sight

Michelle John

14:55 PM – Beyond the Behaviour: Identifying CPA as a Hidden Safeguarding Concern in Education

Anelli Peavot



15:10 PM – Afternoon tea, a short break

15:25 PM – Safeguarding in the absence of a conviction

Mandi Whittle



15:45 PM – Stand with PEGS. The Future of CPA

Michelle John

16:00 pm

Early evening reception and networking.

17:00 pm

Conference close

Don't forget, you've still got a whole 8 weeks to catch up with all the content from the main stage and digest the information in the Resources section!

[Click here](#) to learn more



Conference Schedule Main

Schedule We've packed the day full of top speakers and exclusive workshops. Here's the anticipated running order – although please note, as with all...

PEGS Events



REGISTRATION

Getting Started: Joining the Conference

Whether you're joining us in person or online, we're so pleased to have you with us for Breaking the Silence. Here's what you need to know to get started:

In-Person Delegates

Venue: Shrewsbury **Town Football Club**

Doors open: **9:30 AM**



On arrival, please collect your delegate badge from the registration desk. You'll be welcomed with refreshments, kindly sponsored by **Kulpa**, and now it's time to network before the conference begins.

Our team will be on hand throughout the day to help you find your way, answer questions and make sure you feel supported. Don't forget to visit our expo stands to connect with organisations doing vital work in this space.

Online Delegates

Platform: **Zoom**

Opens: **9:30 AM**

Join the Zoom waiting room from 9:30 AM to get settled. You'll receive guidance via email on how to access the conference before hand.

Any questions about this, please do get in touch with us: **admin@pegsupport.com**

BREAKS AND NETWORKING

Breaks & Networking Opportunities

In-Person Delegates

Morning Break – **11:00 AM**

Lunch Break – **1:00 PM**

Afternoon Break – **2:45 PM**

Your morning break is proudly sponsored by **HOUSEING PLUS GROUP** thank you for helping us create spaces to connect and recharge.

Use this time to:

- Network with other delegates and speakers
- Explore our expo area and meet organisations driving change
- Take part in interactive activities
- Leave a message of hope or reflection on our message wall
- Snap a photo with someone and share your day using **#BreakingTheSilence** and **#CPAawarenessDay**

• There's so much to see, do and take in... make the most of every moment!

The logo for Housing Plus Group features the words "Housing" and "Plus Group" in a bold, green, sans-serif font. Above the word "Housing", there are five stylized roof icons in blue, light blue, pink, green, and dark blue. To the right of "Housing", there is a blue square icon with a white cross inside, resembling a window or a door.

**Housing
Plus Group**



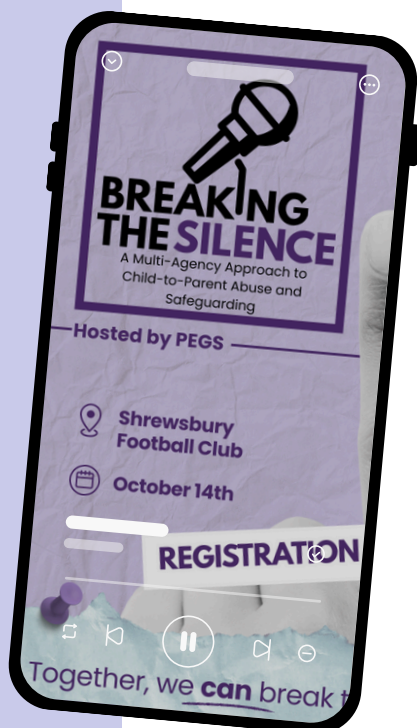
BREAKS AND NETWORKING

Online Delegates

Breaks at the same times as the main event

Use your break to:

- Browse our digital resources hub
- Catch up on any missed sessions, all content will be available on-demand afterwards!
- Connect in the chat with other professionals and attendees
- Or simply take a well-deserved screen break, grab a warm brew and join us shortly.





MEET OUR SPONSORS

The Kulpa app is a free, secure digital tool designed to help people collect, store, and manage evidence
(**download it kulpacloud.com/download**)

It's certified, making it the first-ever platform in the UK with legally admissible evidence handling.

Helps avoid "he-said-she-said" disputes by preserving detailed, metadata-rich evidence.

Safeguards survivors by allowing them to gather proof in a controlled, private way until they're ready to act.
Helps users get the best possible outcome by providing direct links to the police, lawyers and local councils.



The Housing Plus Group is one of the largest housing associations in the West Midlands, with more than 33,000 homes across Shropshire, Telford & Wrekin and Staffordshire.

"We create places people are proud to call home, by providing safe, secure housing and supporting our communities to thrive."

"We are proud to be the first housing association to sign the PEGS Child to Parent Abuse Covenant, reflecting our dedication to supporting families affected by abuse."

If you want to find out more about The Housing Plus group please visit their **[website](#)**.



EXHIBITION STANDS



Everyday Health Cover since 1874



FUNDED TABLES



Thanks to the incredible support of Derbyshire Police and Crime Commissioner Nicolle Ndiweni-Roberts, we're able to provide 10 funded spaces for Breaking The Silence

These places also include access to one of our powerful workshops!